

Pattern for Prayer Shawl



Marilyn McMahon

KNITTING

Materials – 3 skeins of Lion Brand homespun yarn. Size 11 knitting needles.

Pattern – Cast on 57 stitches. First row: knit (K) 3, purl (P) 3 to the end of the row. Turn and repeat. Begin every row with (K). A weave pattern will develop. Knit about 2 2/3 skeins in the pattern. Use the rest of the yarn for fringe. Finished size is about 3' X 7' before fringe is added.

CROCHET

Chain 43 Row 1 – Half double crochet in 3rd chain from hook and in each chain across. Row 2 – Chain 2, turn, half double crochet in each half double crochet across. Repeat last row until all yarn has been used. Fasten off. Weave in ends.

PRAYER

In the name of the Father, the Creator, the giver of life, the holder of time;
In the name of Jesus, the Savior, the Healer, and the Lifter of pain;
In the name of the Spirit, the Comforter, the Counselor, and Sustainer of life.

I knit this shawl as a mantle of caring.

I knit a mantle of protection.

I knit a mantle of wholeness.

I knit a mantle of strength.

I knit a mantle of healing.

I knit a mantle of patience.

I knit a mantle to enfold you.

I knit a mantle to encircle you.

I knit a mantle to empower you.

May this prayer shawl warm and comfort you when you are weak and weary.

O, Christ, who healed the broken in body and spirit, be with all who suffer today. Be with the doctors, nurses, technicians, and all who care for the sick. Be with the families and friends, those who love and comfort the sick. May your gentle yet strong touch reach out to heal all the broken and hurting people and places in our world.

I ask this in the name of Jesus Christ, our Lord and Savior. Amen